

Day 1 – Commissioning Day

This is the day that we commit to 40 Days of Transformation through application. We will journey together and complete assignments that will challenge us, inspire us, and change us.

Read: Acts 1:8, Matthew 22:37-38, Matthew 28:19-20

Prayerfully consider the following and respond in your own heart

- 1) Will you carry out the 40 Day assignments to the best of your ability?
- 2) What will you fast that is a sacrifice to you?
- 3) Will you pray for unbelievers?
- 4) Who is praying for you?
- 5) I will read one chapter daily in Proverbs for the 40 Days.

After you have prayerfully considered the previously mentioned steps, try to find a person or group of people to keep you accountable during this journey. You will benefit from having a support system during this time.

Week 1 – Memorization

“Jesus replied: ‘Love the Lord your God with all your heart and with all your soul and with all your mind [and with all your strength].’ This is the first and greatest commandment. And the second is like it: ‘Love your neighbor as yourself.’ “ Matthew 22:37-39

Day 2 – Giants Day

Read I Samuel 17:45-47

What are some of your giants? As you are praying this week as the Lord to reveal to you some of the “giants” in your life. These “giants” could be anything from family issues, marital conflict, financial issues, addictions, sexual sins, etc. Ask God to reveal to you the areas that you need His help and believe God for a miracle.

Day 3 – Outreach Day 1

I Timothy 2:1 “I urge you first of all that requests, prayers, intercession and thanksgiving be made for everyone.”

We have been called to be a light where we live! Today we will ask the Lord to show us how we can be a light to our neighbors. Can you name any of the neighbors on your street? Try to identify any people in your neighborhood that you know and pray for them. If you know of specific details that need prayer lift them up. Next think of ways that you could be a blessing to them. Leave an encouraging note or verse, bake something and deliver to their home, offer to shovel or plow their driveway, ask to pray for them, or introduce yourself (if you haven’t already). We have numerous opportunities to be an influence to those around us. Ask the Lord to show you how you can be a blessing to those in your neighborhood.

Day 4 – Checkpoint

Hebrews 10:25 “Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another – and all the more as you see the Day approaching”

Today is all about accountability! Over the next several days and weeks we will be on a journey to grow in our walk with the Lord and we will need to keep each other accountable to see it through to the end. Find a friend or group of friends and meet up to discuss how the week is going and any triumphs or challenges you have faced so far. Make it a point to meet regularly and stay in touch consistently. If transportation or time is difficult take advantage of technology such as FaceTime or video chatting. It’s important to be connected.

Day 5 – Honor Leaders Day

Read: Romans 13:1-3

Who are the leaders in your life? (Boss, Supervisor, Spiritual Leader, Pastor, etc.) The leaders that God has placed in your life have been given an important and difficult job. Pray for them. Ask the Lord to bless them, protect them, and provide for them. Reach out to one or more of the leaders in your life today. Send them an encouraging message, ask how you can pray for them, serve them, send them a gift. If you have been at odds with someone in leadership, make things right. Apologize to that person. Ask the Lord to show you how you can be a blessing to the leaders in your life, today!

Day 6 – Forgiveness Day

Read: Matthew 6:12& 14-15

Jesus encouraged us in the Sermon on the Mount that it is critical to make things right with people whom we have offended. Ask God if there is anyone from whom you need to ask forgiveness. Then, do it! In addition to asking for forgiveness, you may need to forgive someone else. Forgiving others can be difficult. For some the pain of physical, mental, emotional, or sexual abuse has wounded you deeply, but God is faithful to walk with you through this. Make a list of those whom you need to forgive. Pray for those people. Write a letter of forgiveness. (They don’t necessarily have to see the letter, but it can be helpful to write down how you feel.) There is power in forgiveness!

Day 7 – Demolition Day

Read Psalm 119:9-11

Sometimes in our walk with the Lord it requires us to rid ourselves of things that are displeasing to him or a distraction to us. Ask the Lord what things are a hindrance in your life. He may be asking you to eliminate them. Is he asking you to give up inappropriate books and/or movies, Ouija boards, tarot cards, cigarettes, vaping, other recreational drugs, etc.? Take the bold step and remove them from your home, car, and life! It will be worth it!

Congratulations! You’ve completed the first week of 40 Days of Transformation